

Dr. Colin Gage

Nicola Valley Chiropractic
2076A Granite Ave.
P.O. Box 909
Merritt, BC
V1K 1B8

Ph: (250) 378-5456
Fax: (250) 378-8259
Email: info@merrittchiro.com
Website: www.merrittchiro.com

"treating the cause of your problem, not just the symptoms"

Chiropractic and the Immune System

Before I get to this week's article, I just wanted to say that we are FINALLY, FINALLY, FINALLY back into our old, but newly renovated since our fire on April 21st, office at 2076A Granite Avenue! Please stop by for a quick look, as it looks better than ever! Ok, now back to this week's article.

The new mother was told that her twin babies had died after birth. However, the truth was far different: they were sent to an institute near Moscow to be studied. This was to be the fate of "Masha" & "Dasha", one of the most unusual set of conjoined twins ever born.

Conjoined or Siamese twins are formed in the same way as identical twins but the eggs, for some reason, don't completely separate; instead, they remain partially attached. Because their circulatory systems are interconnected, the twins share each other's blood. A germ that enters one twin's bloodstream will soon be seen in the blood of her sister. Surprisingly, illness affects them differently. Dasha is near-sighted, prone to colds and right-handed. Masha has a healthier constitution, higher blood pressure, good eyesight and is left-handed.

The twins differing health pattern present a mystery. Why did one become ill with a childhood disease while the other did not? For example, the measles "bug" was in both of their bodies, in their collective bloodstream; so why didn't both get the measles? This phenomenon was seen over and over again with the girls (flu, colds, other diseases were all experienced separately). If germs alone had the power to cause infectious diseases, why would one of the twins be disease-free while the other was ill? What was it in their makeup that differentiated one from the other.

The answer was their nervous system. Although the twins had common circulatory, digestive, excretory, lymphatic, endocrine and skeletal systems (they were joined at the hips), they had separate spinal columns and spinal cords. This was a very important difference between the girls.

In these extraordinary twins, nature's "laboratory" devised an experiment that no researcher could ever duplicate. The twins are an invaluable example confirming that there is much more to "catching" a disease than simply breathing in germs; germs can make you sick if, and only if, your body provides them fertile ground in which to grow.

It is thought now that the state of your nervous system can determine whether or not you

are vulnerable to, and how quickly you will recover from, an illness. There is new research being done that is studying the effect of stress and irritation on the nerves of your spinal column and how chiropractic treatment can alleviate it. The next phase of the study would then be to relate the healthy functioning of the spine and its nerves to how well a person is able to fight off disease. The overall conclusion that the researchers are trying to make is that a healthy spine and nerves can be achieved through chiropractic treatment, AND that this will improve your overall immune system. I'll keep you informed as their studies are completed.

PS –did I mention that we are now back to our old, but newly renovated office?